# **Mobile Outreach Clinic**





### Our Team Approach

At our hospital and clinics, our patients have access to a team of medical specialists who work closely with assistive technology practitioners to provide the best patient care—all in one location. Our Mobile Outreach Clinic takes a similar philosophy on the road. We work together to provide some of our most sought-after services.

The Mobile Outreach Clinic staff also works with community professionals, teachers and therapists to recommend assistive technology to meet each patient's needs. In addition, we provide



As a member of the Mobile Outreach Clinic team, Dave Kuenstler, C.O., C. Ped., provides assistive technology services in greater Minnesota, so Gillette patients won't have to travel to St. Paul.

assistive technology training and medical education for community physical therapists, occupational therapists, speech and language pathologists, nurses and others.

### Where to Find Gillette's Mobile Outreach Clinic

Gillette's Mobile Outreach Clinic travels to numerous locations in greater Minnesota (see insert). Each location offers different services, and our clinic schedules vary. Please visit **www.gillettechildrens.org/OutreachCalendar** for a list of clinic dates and specific locations.

Call 1-800-578-4266 to schedule an appointment, or email Debbie Hegler at dhegler@gillettechildrens.com.

# **Our Services**

Depending on the specific needs of each community, our services might include:

#### **Medical Consultations**

The Mobile Outreach Clinic team includes specialty physicians, nurse practitioners and nurses who provide pediatric rehabilitation medicine and neurology services such as:

- Assessing rehabilitation needs and making recommendations for therapy, equipment or other interventions
- Evaluating and treating spasticity, seizures, neurological disorders and neuromuscular issues
- Prescribing medicines, refilling intrathecal baclofen pumps and providing injections of botulinim toxin A

#### Orthoses

Our certified orthotists provide customized orthoses (braces) for the hands, feet, back, spine and skull. Orthoses can improve mobility, relieve discomfort, and prevent deformities and other complications. We customize orthoses on-site, allowing patients to begin treatment quickly. We also adjust Gillette CranioCap<sup>®</sup> orthoses. People can coordinate their fittings and adjustments with physician appointments.

### Seating and Adaptive Equipment

Our certified seating specialists design customized seating systems and mount adaptive equipment for patients who use wheelchairs. Adaptive equipment includes lapboards, protective headgear and mounting systems for communication devices.

### **Rehabilitation Engineering**

Our rehabilitation engineers consult with therapists—at Gillette and in local communities—about recommending augmentative and alternative communication devices, computer access equipment, electronic aids to daily living, and power mobility equipment.

### **Physical Therapy**

Some of our locations periodically offer appointments with Gillette physical therapists, who collaborate with community therapists when needed.

## **Mobile Outreach Clinic**

Gillette's Mobile Outreach Clinic serves children and adults who have disabilities and live in greater Minnesota. We bring specialty medical and assistive technology services to communities throughout the state, saving patients and their families the time and expense of traveling to the Twin Cities for health care.

We combine medical and technical expertise with state-of-the-art equipment to provide a wide range of services to our patients. Our team includes specialty physicians, nurse practitioners and nurses as well as orthotists, seating specialists, rehabilitation engineers and other assistive technology practitioners. We travel across the state in specially equipped trucks containing the materials and equipment needed to fabricate, fit and adjust orthoses, seating systems, and other adaptive equipment.

## **Our Patients**

We treat children, adolescents and adults who have conditions including:

- Brain and spinal cord injuries
- Cerebral palsy, including spasticity
- Developmental delays
- Genetic conditions
- Musculoskeletal issues
- Neuromuscular disorders
- Seizures and other brain or nervous system disorders
- Spina bifida

Assistive technology can help our patients walk better, use a wheelchair more effectively, communicate with others, operate a computer and perform other activities of daily living.

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### See Our Mobile Outreach Clinic Partners

For a list of the organizations that have helped support Gillette's Mobile Outreach Clinic, please visit **www.gillettechildrens.org/ MobileOutreachClinicPartners**.

### **Gillette's Mobile Outreach Clinic Locations**

Albert Lea Brookside Elementary School 211 West Richway Dr. Albert Lea, MN 56007

**Alexandria** Alexandria Clinic 610 30th Ave. W. Alexandria, MN 56308

Aurora Essentia Health – Northern Pines Medical Center 5211 Highway 110 Aurora, MN 55705

Baxter Gillette Brainerd Lakes Clinic 15860 Audubon Way Baxter, MN 56425

Brainerd Essentia Health St. Joseph's – Brainerd Clinic 2024 S. 6th St. Brainerd, MN 56401

Bemidji Sanford Bemidji Clinic Occupational Health & Sports Medicine 1705 Anne St. N.W. Bemidji, MN 56601

**Crookston** Riverview Health Hospital 323 South Minnesota St. Crookston, MN 56716

Detroit Lakes Essentia Health St. Mary's Innovis Health Therapy Center 1112 Lincoln Ave. Detroit Lakes, MN 56501 Duluth Gillette Duluth Clinic 1420 London Rd. Duluth, MN 55805

**Grand Rapids** Grand Itasca Medical Center 1601 Golf Course Rd. Grand Rapids, MN 55744

International Falls Rainy Lake Medical Center Hospital Campus 1400 Hwy. 71 International Falls, MN 56649

Mankato SMILES INC. 709 South Front St. Mankato, MN 56001

Marshall SW/WC Service Cooperative 1420 East College Dr. Marshall, MN 56258

**Owatonna** Owatonna Hospital 2250 N.W. 26th St. Owatonna, MN 55060

Roseau First Messiah Lutheran Church 502 9th Ave. N.E. Roseau, MN 56751

Willmar Gillette Willmar Clinic Lakeland Health Center 502 2nd St. S.W. Willmar, MN 56201



#### **Our Mission**

Gillette Children's Specialty Healthcare provides specialized health care for people who have short-term or long-term disabilities that began during childhood. We help children, adults and their families improve their health, achieve greater well-being and enjoy life.



St. Paul (Main) Campus 200 University Ave. E. St. Paul, MN 55101 651-291-2848 800-719-4040 (toll-free)

Brainerd Lakes Clinic 15860 Audubon Way Baxter, MN 56401 218-824-5001 800-578-4266 (toll-free)

Burnsville Clinic 305 E. Nicollet Blvd. Burnsville, MN 55337 952-223-3400 866-881-7386 (toll-free)

Duluth Clinic Lakewalk Center 1420 London Rd. Duluth, MN 55805 218-728-6160 800-903-7111 (toll-free) Maple Grove Clinic 9550 Upland Ln. N. Maple Grove, MN 55369 763-496-6000 888-218-0642 (toll-free)

Minnetonka Clinic 6060 Clearwater Dr. Minnetonka, MN 55343 952-936-0977 800-277-1250 (toll-free)

Willmar Clinic Lakeland Health Center 502 2nd St. S.W. Willmar, MN 56201 651-634-1938 800-578-4266 (toll-free)

Mobile Outreach Clinic For locations and schedules: 651-634-1938 800-578-4266 (toll-free) www.gillettechildrens.org



St. Paul – Phalen Clinic 435 Phalen Blvd. St. Paul, MN 55130 651-636-9443 800-578-4266 (toll-free)

#### www.gillettechildrens.org