



## Transition to Adult Care Milestones at Gillette

### Age 13

#### Patient Portal Change

On your 13th birthday, following the MN Minor Consent Law, your family will lose access to your MyGillette Patient Portal. We'll send an email to the person who had access before age 13 with directions on how to set up your account permissions again on your 13th birthday. You can choose who can see and use your medical information in the portal by filling out a portal proxy form.

If you have trouble with the form, you can call: 651- 229-3886 (Press 3)



### Age 15

#### Transition Readiness Assessment

The transition readiness assessment helps us understand how comfortable you are managing your own health and healthcare needs. Beginning at age 15, you will start receiving an annual Transition Readiness Assessment in certain clinics. Patients and families are encouraged to select one goal each year to prepare for transition.



### Age 16 - 18

#### Legal Decision Making

Start planning for legal and medical decision making at age 16. At age 18, you will become your own guardian unless guardianship is decided through the courts. Before you turn 18, fill out your legal decision making forms and share them with each of your healthcare providers.



#### Patient Portal Access

When you turn 18, your patient portal access changes again. Only you will be able to access your portal. You can add others to your account using a portal proxy form.



### Age 26

#### Gillette Inpatient Care

On your 26th birthday, Quick Care and inpatient hospital care services end for illnesses and non-surgical admissions.

Pediatric Intensive Care Unit (PICU) services will end for all types of admissions.

Ahead of your 26th birthday, you'll choose an adult hospital that offers the inpatient care team you need. If you come to Gillette for medical admission, you'll be admitted to Regions Hospital instead.



### Age 41

#### Gillette Surgical Care

On your 41st birthday, Gillette services for surgical procedures and admissions to Gillette's inpatient adult unit after a surgery or procedure will end.

Ahead of your 41st birthday, you'll choose an adult care system that offers the surgical and inpatient adult care that you need.

