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800-719-4040 (toll-free)  
651-299-3928 (TDD)  
www.gillettechildrens.org

## Contact Us

### Urgent Questions or Concerns

Telehealth Nursing  
651-229-3890

### Other Questions About Your Care

St. Paul Clinic patients:  
Nurse Call Line  
651-578-5000

Patients at Other Locations:  
Contact a member of your  
Gillette health care team.

### Appointments

651-290-8707

## Books, DVDs and More

Find materials about  
disabilities, medical conditions  
and support for caregivers.

### Health Resources and Education

St. Paul campus, near  
fourth-floor skyway

**651-229-3938**

hre@gillettechildrens.com

# Orchiopexy Discharge Information

*patient education*  
DIS031

An orchiopexy is a surgical procedure that places the testicles in the scrotum.

## Diet/Nausea

Follow the guidelines as outlined in the general anesthesia handout.

## Site Care

Sponge bath today and tomorrow, then resume tub baths. Gently clean the penis with mild soap and water after each diaper change (do not use baby wipes). Apply ointment to the scrotum as directed by your doctor. If stitches are present, they will dissolve. The scrotum may become swollen and discolored. If swelling persists, decrease activity.

## Pain/Comfort

Acetaminophen (Tylenol) may be given for pain as directed by your doctor. Loose clothing will be the most comfortable.

## Activity

Encourage quiet activity. Avoid riding toys, bicycles, jumping, contact sports, rough play, swinging, climbing, physical education class or heavy lifting until rechecked by your doctor.

## Urinary

It should not be difficult to urinate. Ideally, the patient will urinate before leaving the same day surgery area.

## Questions or Problems

Contact Telehealth Nursing at 651-229-3890 if you see any of the following:

- Fever over 101.5 F
- Throat irritation
- Severe pain