

Craniofacial and Plastics

Conditions Best Evaluated Sooner Rather than Later:

Head shape concerns

- **Craniosynostosis**

The earlier craniosynostosis is diagnosed the better. After diagnosis, surgical planning and workup can begin.

- **Plagiocephaly**

If positional plagiocephaly is severe enough to require helmet therapy, it is best initiated between 4 - 6 months of age.

- **Torticollis**

If torticollis is diagnosed, physical therapy is best initiated between 2-4 months old to help achieve equal range of motion and prevent or improve plagiocephaly.

Cleft lip and palate

Gillette is an American Cleft Palate-Craniofacial Association (ACPA) certified team that offers a multispecialty team approach to cleft care, including a craniofacial surgeon, feeding specialty team, speech therapist, pediatric ENT, social worker, dietician, dentist and orthodontist.

Hemangioma

If the family is interested in medical intervention to stunt the proliferative phase, it is best to initiate before 3 months old.

Polydactyly

If on a small stalk, this can be removed in clinic under local anesthetic to avoid general anesthesia exposure. The younger the child, the easier it is to do in the clinic setting.

Ear molding

Maternal estrogen keeps the ear cartilage soft for a few weeks after birth. If ear molding is to be successful, it is best initiated in this time frame.

Conditions Best Seen Close to 1 Year of Age:

We recommend deferring elective surgical procedures until after 1 year of age to avoid early general anesthesia exposure. We see consults at any age.

Dermoid cysts

Unless causing functional concern.

Benign skin lesions

Syndactyly

Scar revision

Capillary malformations / Port Wine stains

Trigger thumb

Adolescent

Gynecomastia

Macromastia (breast reduction)

Poland syndrome



Contact Gillette

We are always available for provider-to-provider phone consultation, if unsure of what and when to refer to our clinic.

Provider Referral Line
651-325-2200

Fax Referral
651-726-2622

Patient Scheduling
651-290-8707

Contact a Provider Relations Liaison

providerrelations@gillettechildrens.com

Minnesota Locations

Gillette Children's - St. Paul Campus

Gillette Children's - Burnsville Clinic

Gillette Children's - Maple Grove Clinic

Services vary by location.

